

# doTERRA Kits & Protocols

# WELLNESS MADE SIMPLE

McKynna Najarro



**VMG+**  
doTERRA®

30 Sachets | Net wt 9.95 oz / 282 g  
Dietary Supplement

Whole-Food Nutrient Complex  
Clean | Vegan | Gluten-Free | Natural | Non-GMO

**VMG+**  
Strengthening the foundation of your health is essential in the pursuit of lifelong vitality. VMG+ is a daily support supplement that makes it easy to move toward lasting well-being.\* It combines vitamins, minerals, and greens with the incredible benefits of Alpha CRS+, Microplex VMz+, a greens superfood blend, and more in a delicious powder that can be added to your drink.

VMG+ offers daily support for:\*

- Energy levels
- Immune system
- Health and digestion
- Liver function
- Hormone function
- Brain function

1 sachet per day. Add contents of sachet to cold water or the liquid of your choice. Stir or shake before drinking.

\*These claims have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure, or prevent any disease.

**Nutrition Blend**  
Includes plant-derived vitamins, minerals, and essential cofactors.

**Cellular Support Blend**  
Supports cellular health and antioxidant defenses.\*

**Superfood Blend**  
Promotes foundational health and vitality with phytonutrients, antioxidants, vitamins, minerals, and other nutrients.\*

**Biotransformation Blend**  
Provides biologically enhanced nutrients via biotransformation.\*

**Bioavailability Boosting Blend**  
Enhances absorption and retention of micronutrients, according to preclinical research.\*

# HI, I'M MCKYNNA NAJARRO

Wellness Advocate with doTERRA and lifestyle coach



I'm dedicated to helping you create a sustainable, foundational approach to your health, and keeping it SIMPLE. My role is to support and guide you in building a personalized wellness routine--one that aligns with your goals, lifestyle, and values. Whether you're exploring doTERRA products for the first time or looking to refine your current habits, I'm here to provide education, guidance, and ongoing support.

Getting started is easy! Just choose the kit that best aligns with your current wellness goals, follow it right to your online cart, and we will set up a time to connect and via online, about your new products and routine. If you're looking for a more customized plan, feel free to contact me first or take my free Lifestyle Assessment for a personalized touch.



TAKE A FREE ASSESSMENT!

[To get clarity on your wellness habits & goals](#)

## WELLNESS STARTS AT THE ROOT.

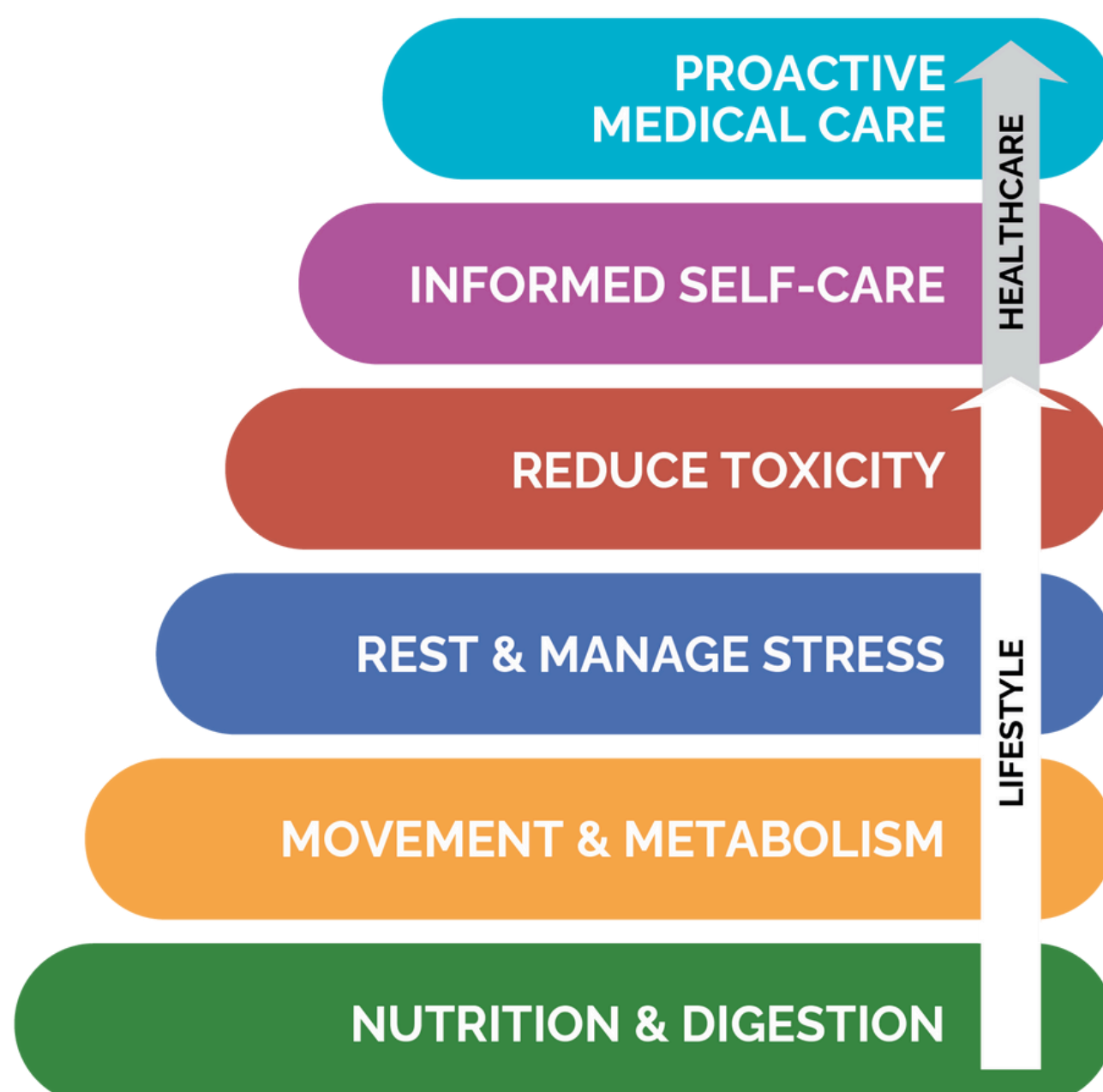
True wellness begins with a strong foundation—one that honors the connection between your body, your emotions, your habits, and the way you care for yourself each day. How you move, what you put in your body, how you rest, and how you handle stress are all deeply connected. When we nourish those roots, we begin to feel stronger, clearer, and more aligned in our daily lives.

You'll see this reflected in the Wellness Pyramid below—a visual map of the lifestyle foundations I teach and coach through. The kits in this PDF are specifically curated for individuals who are working on their physical fitness and wellness. They are a simple way to begin supporting these foundational layers: nutrition and digestion, movement and metabolism, and rest and stress management. Each one features pure, effective, sustainable and science-backed products from dōTERRA that work in harmony with your body.

Working with me gives you access to more than just a monthly protocol and amazing supportive products. You'll also gain personalized education and coaching that can help you deepen your understanding, build better habits, and create a lifestyle that's both sustainable and empowering.

### THE WELLNESS PYRAMID

*The Wellness Pyramid is a reminder that true health is built from the ground up by doing the basics really well and supporting the root causes, not just the symptoms.*



# ENERGY & NUTRITION KIT

Enjoy the benefits of clean, pure supplementation to support and enhance your nutrition, energy, and wellness goals.

## Kit Includes:

- Free Wholesale doTERRA Membership
- Free Consultation with Wellness Advocate McKynna Najarro to integrate products and personalized protocol
- 1 month supply of supplementation to support your nutrition, energy, and more
- Personal welcome gift

**\$238.50 (before tax)**



[Order kit HERE.](#)

**CONTACT MCKYNNNA:**

(731) 695-0336

mvanwey123@gmail.com

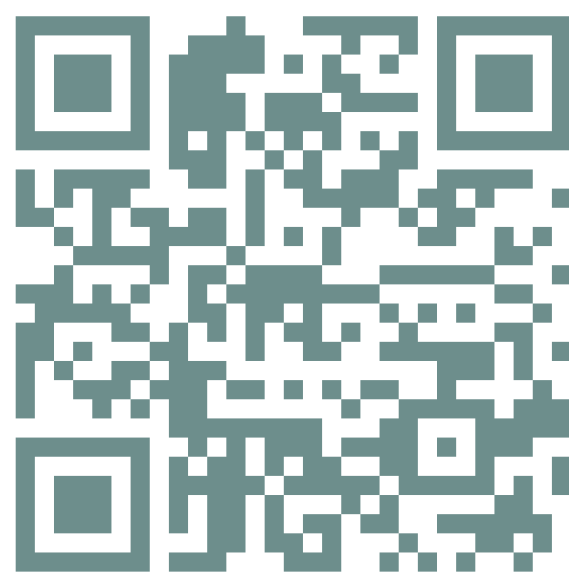
# PAIN & INFLAMMATION KIT

Enjoy the benefits of clean, pure supplementation to support your workout, recovery, and nutrition goals.

## Kit Includes:

- Free Wholesale doTERRA Membership
- Free Consultation with Wellness Advocate McKynna Najarro to integrate products and personalized protocol
- 1 month supply of supplementation to support workout recovery, pain and inflammation
- Personal welcome gift

**\$265.50 (before tax)**



[Order kit HERE.](#)

**CONTACT MCKYNNNA:**

(731) 695-0336

mvanwey123@gmail.com

# REST & RECOVERY KIT

Enjoy the benefits of clean, pure supplementation to support your Rest, Recovery, and Relaxation goals.

## Kit Includes:

- Free Wholesale doTERRA Membership
- Free Consultation with Wellness Advocate McKynna Najarro to integrate products and protocol
- 1 month supply of supplementation to support workout recovery, relaxation, sleep, and stress management
- Personal welcome gift

**\$215.50 (before tax)**



[Order kit HERE.](#)

**CONTACT MCKYNNNA:**

(731) 695-0336

mvanwey123@gmail.com

# THE WHOLE PACKAGE

Enjoy products that will support every aspect of your wellness goals, as you receive the benefits from clean, pure supplementation.

## Kit Includes:

- Free Wholesale doTERRA Membership
- Free Consultation with Wellness Advocate McKynna Najarro where you will receive a personalized monthly protocol and coaching to integrate your new products
- 1 month supply of supplementation to support recovery, relaxation, sleep & stress management, foundational health, nutrition, and more
- Personal welcome gift

**\$406.50 (before tax)**



[Order kit HERE.](#)

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